

# LUNCHTIME MENU

## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Leek & Potato soup, Fresh bread, toppers	Roast Pepper soup, Fresh bread, toppers	Cream of Broccoli soup, Fresh bread, toppers	Tomato & Basil soup, Fresh bread, toppers	Cream of Mushroom soup, Fresh bread, toppers
MAIN	Pork Meatballs & pasta with a Tomato & Basil Sauce	Chicken Korma Curry with Rice & naan bread.	Roast Pork with apple sauce & Yorkshire Pudding	Chicken Burgers in a bun with Potato Wedges	Battered Fish or fish Fingers & Chips
VEGETARIAN	Meatless Balls & pasta with a Tomato & Basil Sauce	Quorn Korma Curry with rice & naan bread.	Roast Quorn with apple sauce & Yorkshire Pudding	Veggie Burgers in a bun & Potato Wedges	Falafel Wrap & Coleslaw
SIDES	Sweetcorn & Green Beans	Fresh Broccoli & Cauliflower	Fresh Carrots & Pea's	Spaghetti Hoops or Sweetcorn	Baked Beans or Pea's
JACKETS	Jacket Potato, baked beans, Cheese or Tuna				
DESSERT	Flapjack	Jam Sponge & Custard	Fruit Jellies	Pear & Chocolate Crumble	Cookies
	Fresh fruit				
SALAD BAR	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads



# LUNCHTIME MENU

## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Cream of Tomato soup, Fresh bread, toppers	Curried Lentil soup, Fresh bread, toppers	Carrot & Coriander soup, Fresh bread, toppers	Leek & Potato soup, Fresh bread, toppers	Vegetable soup, Fresh bread, toppers
MAIN	Chicken Gyros with a Tortilla & Tzatziki sauce	Fresh Salmon with pasta in a tomato & basil sauce	Roast Chicken with roast Potatoes, Stuffing & Yorkshire Pudding	Mandarin BBQ Pork, Egg Fried Rice & Prawn Crackers	Battered Fish or fish Fingers & Chips
VEGETARIAN	Quorn Gyros with a Tortilla & Tzatziki sauce	pasta in a tomato & basil sauce	Roast Quorn with Roast Potatoes, Stuffing & Yorkshire Pudding	Mandarin BBQ Quorn, Egg Fried Rice & Prawn Crackers	Quorn Nuggets & Chips
SIDES	Sweetcorn & mixed leaf	Fresh Broccoli & Roasted Vegetables	Fresh Carrots & Pea's	Stir Fried Vegetables	Baked Beans or Pea's
JACKETS	Jacket Potato, baked beans, Cheese or Tuna				
DESSERT	Homemade shortbread	Lemon Drizzle Cake	Rocky Road	Chocolate sponge & Custard	Ice-Cream
	Fresh fruit or Yoghurt				
SALAD BAR	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads



## LUNCHTIME MENU

# WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Red Lentil soup, Fresh bread, toppers	Sweet Potato & Carrot soup, Fresh bread, toppers	Butternut soup, Fresh bread, toppers	Sweetcorn soup, Fresh bread, toppers	Vegetable soup, Fresh bread, toppers
MAIN	Pork Sausage, Mash Potato & Gravy	Chicken Hakka, Noodles & Prawn Crackers	Roast Gammon & Pineapple, Roast Potatoes & Yorkshire Pudding	Pepperoni Pizza, Potato Wedges	Battered Fish or fish Fingers & Chips
VEGETARIAN	Quorn Sausage, Mash Potato & Gravy	Chicken Hakka, Noodles & Prawn Crackers	Roast Quorn with Roast Potatoes & Yorkshire Pudding	Margarita Pizza & Potato Wedges	Falafel Wrap & Chips
SIDES	Cauliflower & Pea's	Stir Fried Vegetables	Fresh Carrots & Cabbage	Green Beans or Sweetcorn	Baked Beans or Mushy Pea's
JACKETS	Jacket Potato, baked beans, Cheese or Tuna				
DESSERT	Cookies	Sticky Toffee Pudding & Custard	Fruit Jellies	Strawberry Swirl Cake & Custard	Chocolate Brownie
	Fresh fruit or Yoghurt				
SALAD BAR	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads	Selection for freshly made salads